



Provider Materials Reorder Form

2009

Fax: (402) 471-0913 *(all orders must be faxed)*E-mail: every.woman.matters@nebraska.govWebsite: www.dhhs.ne.gov/womenshealth/ewm

Mail: Every Woman Matters

P.O. Box 94817

Lincoln, NE 68509-4817

Send Materials To: *(write clearly, use a stamp or tape your business card here)*

Facility: _____

Attention: _____

Mailing Address: _____

Zip: _____

Phone: _____ Fax: _____

E-Mail: _____

Please allow 2 weeks
for your order to be
filled and shipped.
Thank You!

BE SURE TO INDICATE THE QUANTITY OF MATERIALS YOU ARE REQUESTING.
DO NOT PLACE A CHECKMARK BY THE INDIVIDUAL ITEMS NEEDED.
NO MORE THAN 25 OF ANY ONE ITEM WILL BE SENT OUT AT ONE TIME.

Provider Materials

Provider Manual _____

Presumptive Eligibility Enrollment form - *pink* _____

_____ English _____ Spanish

Enrollment Packets *yellow forms for non-presumptive enrollment* _____

_____ English _____ Spanish

Cervical Diagnostic Enrollment / Follow Up & Treatment Plan - *blue* _____

_____ English _____ Spanish

Breast Diagnostic Enrollment / Follow Up & Treatment Plan - *goldenrod* _____

_____ English _____ Spanish

EWM Mammography Reporting form _____

Lab stickers - 50 stickers per sheet *red & white* _____

_____ sheets

Report of Woman Deemed Lost-to-Follow Up form _____

Client Informed Refusal form _____

Treatment Funds Request Form _____

Pre-addressed labels to Every Woman Matters - 30 stickers per sheet _____

_____ sheets

Eligibility Scale _____

Promotional Items

Every Woman Matters program brochures *(English/Spanish printed together)* _____

Helping Women Live Healthier Lives Materials:

Table tents _____

_____ African American _____ Spanish _____ Diverse

8 1/2 x 11 display poster _____

_____ African American _____ Spanish _____ Diverse

11 x 17 display poster _____

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Intentionally left blank

- 14x25 (6 page tri fold)
- Page 1 - Enrollment & Health Assessment
- Page 2 - Health Assessment (continued)
- Page 3 - Documents the client's screening visit
- Page 4/5 - Heart Health Screening Results (tear out for client)
- Page 6 - Informed Consent
- Purpose: Used in the clinic to enroll a woman and document the screening visit

Provider completes

[illegible]

Informed Consent and Release of Medical Information

<p>■ Read this page. Sign it to show that you understand what it means and agree to it.</p> <p>■ You must give this page to a part of the EY Women's Migration Program.</p>	<p>Version: August 2008</p>
<p>◇ I want to be a part of the EY Women's Migration Program (EWM) Program. I know that:</p> <ul style="list-style-type: none">■ Most be between 40 and 64 years of age to receive screening services■ Cannot be current smokers■ Cannot have Medicaid■ Cannot have Medicare■ Cannot be a member of a Health Maintenance Organization (HMO)	
<p>◇ I know that I can tell EWM if I do not wish to be a part of this program anymore.</p>	
<p>◇ I know that if I am 40-64 years of age I am eligible for full screening services through the EWM Program. I will receive a chest x-ray and mammogram as well as the EY Women's Office has my enrollment form. I will refer to my mammogram and chest x-ray results and discuss them with my provider.</p>	
<p>◇ I know that if I am 64-65 years of age, I may receive breast and cervical cancer screening, screening for blood pressure, cholesterol, diabetes, and obesity based upon program guidelines. I have talked with my healthcare provider about the screening test(s) and understand possible side effects or discomforts.</p>	
<p>◇ I may be given information to learn how to change my diet, get more exercise, and to stop smoking. EWM may require me when it is time for me to schedule my screening exams and may want to help keep me on track about my health.</p>	
<p>◇ I understand that I may be asked to complete a level of physical activity and make changes to my diet so part of the health education offered to me. I understand that before I make exercise activity or diet changes I must be allowed to talk to my healthcare provider about any related concerns or questions.</p>	
<p>◇ I have talked with my healthcare provider about how I am going to pay for my tests or services that are not paid by EWM.</p>	
<p>◇ I know that if I move without giving my mailing address to EWM, I will not get reminders about screenings. I accept responsibility for following through so that you can advise my healthcare provider any give me.</p>	
<p>◇ My healthcare provider, primary care, chest, endocrinology, and/or I hospital can give the results of my breast and cervical cancer screening exams, heart disease and diabetes screening exams, follow up exams, and or treatment.</p>	
<p>◇ To assist me in making the best healthcare decisions, EWM may have chest clinic and other healthcare information including lab tests and health history with my healthcare providers.</p>	
<p>◇ My name, address, social security number and/or other personal information will be used only by EWM. It may be used to let me know if I need follow up exams. This information may be shared with other organizations in order to secure treatment resources.</p>	
<p>◇ Other information may be used for studies supported by EYNI and the Women's Health Diseases Prevention and Control (CDC) for use by outside researchers to learn more about women's health. These studies will not use any of my personal information.</p>	

Client Signature	Date of Signature/Release	Print First Name
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Part of this form was provided through the Center for Disease Control and Prevention Breast and Cervical Early Detection Program. Full Informed Consent and Release of Medical Information form is available at www.eyni.org or by calling 1-800-458-6273. For more information, please contact the EYNI Support Center at 1-800-458-6273, ext. 200 or 201. EYNI is a 501(c)(3) non-profit organization. EYNI is not affiliated with EYNI.

Client completes

Enrollment Form (40+) (yellow)

- 8 1/2 x 11 (2 pages)
- Page 1 - Enrollment
- Page 2 - Informed Consent
- Purpose: Used to enroll women 40 through 64 (give client enrollment in office to take home to fill out and send in)

Enrollment Form for Women 40-64
Every Woman Matters
#4-Version: August 2008 (green)
Please write clearly. Shaded boxes must be filled in and page 2 must be signed. Fill in as much of the rest of the form as you can.
Call us if you have questions (800) 532-2227
Reasonable accommodations made for persons with disabilities. TDD (800) 633-7352.

First Name	Initial	Last Name	Maiden Name
Birthdate		Age	Social Security #
Address		City	County State Zip
Home/Cell Phone	Work Phone	How did you hear about Every Woman Matters? <input type="checkbox"/> family/friend <input type="checkbox"/> agency <input type="checkbox"/> other <input type="checkbox"/> doctor/clinic <input type="checkbox"/> self-referral <input type="checkbox"/> newspaper/radio/TV <input type="checkbox"/> outreach worker	
Contact person in case we can't reach you		Relationship	Phone-Home / Work / Cell
Address		City	State Zip
What race or ethnicity are you? <input type="checkbox"/> American Indian/Alaska Native <input type="checkbox"/> Black/African American <input type="checkbox"/> Mexican American <input type="checkbox"/> White <input type="checkbox"/> Asian <input type="checkbox"/> Pacific Islander <input type="checkbox"/> Other		Are you of Hispanic/Latina origin? <input type="checkbox"/> Yes <input type="checkbox"/> No Country of origin _____ What is your primary language? <input type="checkbox"/> English <input type="checkbox"/> Spanish <input type="checkbox"/> Vietnamese <input type="checkbox"/> Other	
Highest grade in school you completed: circle one 0 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16+			
Have you ever had these exams in the past? If you do not know exact date, give your best guess.			
Pap test <input type="checkbox"/> No <input type="checkbox"/> Yes		Date last exam: ____/____/____ Results: <input type="checkbox"/> Normal <input type="checkbox"/> Abnormal	
What did your doctor say about your exam? _____			
Mammogram <input type="checkbox"/> No <input type="checkbox"/> Yes		Date last exam: ____/____/____ Results: <input type="checkbox"/> Normal <input type="checkbox"/> Abnormal	
What did your doctor say about your exam? _____			
Has your mother, sister or daughter ever had breast cancer? <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> Don't Know		Have you ever had breast cancer? <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> Don't Know	
Have you ever had a hysterectomy (removal of the uterus)? <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> Don't Know		If you have had a hysterectomy, was it to take care of cancer? <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> Don't Know	
I will be required to show proof that my income is within the EWM income guidelines when I am contacted by EWM program staff. If I am found to be over the income guidelines, I will be responsible for my bills.			
What is your household income before taxes? \$ _____		How many people live on this income? _____	
Do you have: <input type="checkbox"/> Medicare Part A and B <input type="checkbox"/> Medicare Part A only <input type="checkbox"/> Medicaid (full coverage for self) <input type="checkbox"/> None/No Coverage <input type="checkbox"/> Private Insurance with or without Medicaid Supplement (please list) _____			
Is your insurance an HMO? <input type="checkbox"/> Yes <input type="checkbox"/> No An HMO is a health maintenance organization. If you have Medicaid for yourself or your insurance is an HMO, you may not enroll in Every Woman Matters.			

MUST READ AND SIGN BACK

Mailing Address: Every Woman Matters-301 Centennial Mall South, P.O. Box 94817, Lincoln, NE 68509-4817

Client completes

Informed Consent and Release of Medical Information
Read this page. Sign it to show that you know what it means and agree to it.
You must sign this page to be a part of Every Woman Matters Program. Version: August 2008

❖ I want to be a part of the Every Woman Matters (EWM) Program. I know I:

- ❖ Must be between 40 and 64 years of age to receive screening services
- ❖ Cannot be over income guidelines
- ❖ Cannot have Medicaid
- ❖ Cannot have Medicare
- ❖ Cannot be a member of a Health Maintenance Organization (HMO)

❖ I know that I can tell EWM if I do not wish to be a part of this program anymore.

❖ I know that if I am 40-64 years of age I am eligible for full screening services under the EWM Program. I will receive a client booklet in the mail as soon as the EWM Office has my enrollment form. I will refer to my client booklet for more detailed information about the program.

❖ I know that if I am 40-64 years of age, I may receive breast and cervical cancer screening, screenings for blood pressure, cholesterol, diabetes, and obesity based upon program guidelines. I have talked with my healthcare provider about the screening test(s) and understand possible side effects or discomforts.

❖ I may be given information to learn how to change my diet, get more exercise, and/or stop smoking. EWM may remind me when it is time for me to schedule my screening exams and send me mail to help me learn more about my health.

❖ I understand that I may be asked to increase my level of physical activity and make changes to my diet as part of the health education offered to me. I understand that before I make these activity and/or diet changes I am encouraged to talk to my healthcare provider about any related concerns or questions.

❖ I have talked with my healthcare provider about how I am going to pay for any tests or services that are not paid by EWM.

❖ I know that if I move without giving my mailing address to EWM, I will not get reminders about screenings. I accept responsibility for following through on any advice my healthcare provider may give me.

❖ My healthcare provider, laboratory, clinic, radiology unit, and/or hospital can give the results of my breast and cervical cancer screening exams, heart disease and diabetes screening exams, follow up exams, and/or treatment to EWM.

❖ To assist me in making the best healthcare decisions, EWM may share clinical and other healthcare information including lab results and health history with my healthcare providers.

❖ My name, address, social security number and/or other personal information will be used only by EWM. It may be used to let me know if I need follow up exams. This information may be shared with other organizations as required to receive treatment resources.

❖ Other information may be used for studies approved by EWM and/or The Centers for Disease Prevention and Control (CDC) for use by outside researchers to learn more about women's health. These studies will not use my name or other personal information.

Client Signature	Date of Signature/Enrollment	Please Print Name
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Funds for this project were provided through the Centers for Disease Control and Prevention Breast and Cervical Early Detection Program, Title Integrated Screening and Evaluation for Women Across the Nation, and Colorectal Cancer Screening Demonstration Program, Cooperative Agreements with the Nebraska Department of Health and Human Services System. #078-DP000811, #078-DP001421 and #078-DP725947

Client completes

SAMPLE ONLY

- 11x25 (6 page fold out)
- Page 1 - Enrollment
- Page 2 - Informed Consent
- Page 3/4 - Documents the client's medical necessity for services
- Page 5 - Instructions for Clinic on how to use the form
- Purpose: 1. Used in the clinic to enroll a client when there is a need of diagnostic services after an abnormal breast screening and to document short interval breast exam, mammogram order or consultation
- 2. Completed after an abnormal screening mammogram. Used when performing diagnostic procedures and treatment and/or referring for further evaluation, diagnostic procedures, or treatment. Also used to report on a diagnostic mammogram and breast ultrasound.

[illegible]

Provider completes

SAMPLE ONLY

Cervical Diagnostic Enrollment/Follow Up and Treatment Form (blue)

- 11x25 (6 page fold out)
- Page 1 - Enrollment
- Page 2 - Informed Consent
- Page 3/4 - Documents the client's medical necessity for services
- Page 5 - Instructions for Clinic on how to use the form
- Page 6 - Cervical Acronyms and Important Information
- Purpose:
 1. Used in the clinic to enroll a client when there is a need of diagnostic services after an abnormal cervical screening and to document short interval Pap test or consultation visit
 2. Completed after an abnormal screening Pap test. Also used when performing diagnostic procedures and/or referring for further evaluation, diagnostic procedure, or treatment.

NEW FORM INSTRUCTIONS

Instructions on how to complete the Cervical Diagnostic Enrollment / Follow Up and Treatment Plan:

- Use this form for all:
- Abnormal Pap Test findings (ASC-US, ASC-H, Low Grade and High Grade SIL, Squamous Cell Carcinoma, AGC).
- Abnormal (Papanicolaou) cervical cytology.
- Positive HPV.
- If client has **never** been enrolled and is new to medical diagnostic tool: Have client complete Pages 1 and 2 of the form.
- If client was screened on an ESWM Program **OR** client who previously completed for diagnostic services only and now is due to do so: Have client complete **ONLY** the Return, date of birth and address on the first page, and then skip to the end of the consent on the second page. If it contains the ESWM program, the diagnostic services have client complete page 1 and 2 of the form.
- The ESWM Medical Advisory Committee is based on the 2006 American Society for Gynecology and Cervical Pathology (ASCCP) consensus guidelines and the recommendations of the Cervical Pathology Section in the ESWM Program Manual.
- The ESWM Medical Advisory Committee is based on the recommendations of the ESWM Medical Advisory Committee to deliver the most cost effective public health program.

How to Complete the Form:
 1. For Cervical Enroll and Date of Birth (enroll in gray shaded box above Section 1 and 2).
 2. Enter the date of the cervical screening that you are reporting in Section 1 and 2, and check the box for Cervical or Pap (check one) that you are reporting.
 3. Enter the date that the appropriate box in Section 1 that gives the Screening Results.
 4. Have client enter the date of the next Pap test, or the date of the appropriate (Diagnostic Test) and final diagnosis.
 5. Section 1 gives you treatment options.
 6. Section 2 is completed by the provider, please see Section 2.

SECTION 1: To be completed by the provider regarding screening test:
 If client is needing for diagnostic tool only, the abnormal cervical test should be no more than 6 months prior to screening.
 Screen the box that best describes your test result.
 Complete for gray shaded area in the middle of the page for referral to another provider.
 Screening Provider must enter name and address of the clinic completing test(s).
 (This includes a completion and date to return, please see Section 2.)

SECTION 2: To be completed by the provider regarding diagnostic test:
 Have your specific identifier for the test results for the following cervical diagnostic tool:
 1. For Pap test: 1. Enter the date of the Pap test, 2. Enter the date of the Pap test, 3. Enter the date of the Pap test, 4. Enter the date of the Pap test, 5. Enter the date of the Pap test, 6. Enter the date of the Pap test, 7. Enter the date of the Pap test, 8. Enter the date of the Pap test, 9. Enter the date of the Pap test, 10. Enter the date of the Pap test, 11. Enter the date of the Pap test, 12. Enter the date of the Pap test, 13. Enter the date of the Pap test, 14. Enter the date of the Pap test, 15. Enter the date of the Pap test, 16. Enter the date of the Pap test, 17. Enter the date of the Pap test, 18. Enter the date of the Pap test, 19. Enter the date of the Pap test, 20. Enter the date of the Pap test, 21. Enter the date of the Pap test, 22. Enter the date of the Pap test, 23. Enter the date of the Pap test, 24. Enter the date of the Pap test, 25. Enter the date of the Pap test, 26. Enter the date of the Pap test, 27. Enter the date of the Pap test, 28. 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Provider Instructions

Provider education

Client completes

[illegible]

Client completes

Provider completes

Provider completes

Screening Visit Card (ivory)

- 14x25 (5 page tri-fold)
- Page 1 - Client's Name, Instructions for Client, Health Assessment
- Page 2 - Health Assessment
- Page 3 - Documents the clients screening visit
- Page 4/5 - Heart Health Screening Results (tear out for client)
- Purpose: To document the client's screening visit

Client completes

Client completes

Provider completes

Screening Visit Card

NOTE: Take this card to your appointment. Use within 3 months after receiving. This Screening Visit Card may have an expiration date on the label.

Every Woman Matters
1-800-458-4477
www.everywomanmatters.org

Steps to Take Now that You Received Your Screening Visit Card:

1. Call to make an appointment. Tell the clinic you have an Every Woman Matters (EWM) Screening Visit Card and you want to use it.
2. Be sure to read the Client Information Booklet that arrived with your Screening Visit Card. It is very important that you read the booklet before you go to your visit.

Health Assessment

Please answer the questions below before you see your healthcare provider. Your response helps us and our partners plan for future programs, education, and information related to good health.

Have you ever been told by a doctor, nurse, or other health professional that your blood cholesterol is high? ☐ Yes ☐ No ☐ Don't know

Have you ever been told by a doctor, nurse, or other health professional that you have high blood pressure? ☐ Yes ☐ No ☐ Don't know

Have you ever been told by a doctor, nurse, or other health professional that you have diabetes? ☐ Yes ☐ No ☐ Don't know

Has a doctor ever, or other health professional ever told you that you had any of the following heart attack risk factors: smoking, high blood pressure, high cholesterol, diabetes, or heart disease? ☐ Yes ☐ No ☐ Don't know

Has your father, brother, or son had a stroke or heart attack before age 65? ☐ Yes ☐ No ☐ Don't know

Has your mother, sister, or daughter had a stroke or heart attack before age 65? ☐ Yes ☐ No ☐ Don't know

Has either of your parents, your brother or sister, or your child ever been told by a doctor, nurse, or other health professional that he or she has diabetes? ☐ Yes ☐ No ☐ Don't know

Are you currently taking medication for high cholesterol? ☐ Yes ☐ No ☐ Don't know

Are you currently taking medication for high blood pressure? ☐ Yes ☐ No ☐ Don't know

Are you currently taking medication for diabetes? ☐ Yes ☐ No ☐ Don't know

Do you have smoke diabetes? ☐ Yes ☐ No ☐ Don't know

How many servings of fruits did you eat yesterday? This includes fruit, frozen, canned, or dried, but would not include fruit juice. ☐ 0 ☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 or more

How many servings of 100% fruit juice did you drink yesterday? This would not include any juice with the word "sugar" or "sugar-free" on the label. ☐ 0 ☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 or more

How many servings of vegetables did you eat yesterday? This includes fresh, frozen, canned, dried, as well as any vegetable juice or soup. It does not include vegetable oil, vegetable shortening, or vegetable powder. ☐ 0 ☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 or more

It is recommended that adults eat at least 5-9 servings of fruits and vegetables a day. There is more to improve. To meet this goal, it will take you: ☐ 0 ☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 or more servings of fruits and vegetables a day

Health Assessment (continued)

In a usual week, how many days do you get at least 30 minutes of a "heart" activity: brisk walking, bicycling, swimming, gardening, or anything else that causes your heart to beat faster than when you are resting? ☐ 0 ☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 or more

On days when you are active, how much total time do you get each day? ☐ 0 ☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 or more

Do you experience any chest discomfort or discomfort of breath when you walk, climb stairs, or exercise? ☐ Yes ☐ No ☐ Don't know

Has your healthcare provider ever told you to increase your physical activity? ☐ Yes ☐ No ☐ Don't know

Are you limited in any way of your usual activities because of arthritis or joint symptoms? ☐ Yes ☐ No ☐ Don't know

Have you ever been told by a doctor or healthcare provider that you have arthritis, leg pain, or back pain? ☐ Yes ☐ No ☐ Don't know

It is recommended that adults are active at least 30 minutes a day on all or most days of the week. I have been: ☐ Inactive ☐ Active ☐ Don't know

On average, how many days of walking or activity per day on 5-7 days a week? ☐ 0 ☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 or more

On average, how many days of walking or activity per day on 5-7 days a week? ☐ 0 ☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 or more

Other Important Questions Related to Your Health

During the past month have you often been bothered by feeling down, depressed, or hopeless? ☐ Yes ☐ No ☐ Don't know

During the past month have you often been bothered by losing interest in doing things? ☐ Yes ☐ No ☐ Don't know

During the past month has a doctor or healthcare provider ever told you that you have depression? ☐ Yes ☐ No ☐ Don't know

Are you currently taking medication for depression? ☐ Yes ☐ No ☐ Don't know

When was the last time you had more than four alcoholic drinks in one day? ☐ 0 ☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 or more

Do you feel safe in your current relationship? ☐ Yes ☐ No ☐ Don't know

Have you been hit, kicked, punched, or otherwise hurt by someone in the past year? ☐ Yes ☐ No ☐ Don't know

Is there a partner from a previous relationship who is making you feel unsafe now? ☐ Yes ☐ No ☐ Don't know

How often do you use seat belts when you drive or ride in a car? ☐ Always ☐ Often ☐ Sometimes ☐ Rarely ☐ Never

During the past 12 months, have you had a flu shot? ☐ Yes ☐ No ☐ Don't know

Have you had a pneumonia shot? ☐ Yes ☐ No ☐ Don't know

How long has it been since you had a dental or eye exam? ☐ 0 ☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 or more

When was the last time you had your eyes examined by an eye doctor or eye care provider? ☐ 0 ☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 or more

When was the last time you had your eyes examined by an eye doctor or eye care provider? ☐ 0 ☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 or more

Please list all prescribed medications you take on a regular basis:

Do you take your full dose(s) today? ☐ Yes ☐ No ☐ Don't know

If yes, what?

Please list all over the counter medicines, vitamins, or herbal supplements you take on a regular basis:

EWM Program Screening Services

CVD/Diabetes Screening Services for Women 40 to 64 Years of Age

CVD/Diabetes screening is only performed for the use of the following services: ☐ CVD/Diabetes Screening ☐ CVD/Diabetes Screening ☐ CVD/Diabetes Screening

Breast Self-Exam

Monthly: ☐ Yes ☐ No ☐ Don't know

Annual: ☐ Yes ☐ No ☐ Don't know

Cervical Cancer Screening

Annual: ☐ Yes ☐ No ☐ Don't know

Screening Pap

Annual: ☐ Yes ☐ No ☐ Don't know

Colorectal Cancer Screening

Annual: ☐ Yes ☐ No ☐ Don't know

Required Risk Reduction Counseling

Annual: ☐ Yes ☐ No ☐ Don't know

Your Heart Health Screening Results and Information

Talk with your healthcare provider about your screening results before the end of your visit. Discuss what they mean for you and any changes you can make for a heart healthier life.

Blood Pressure: Blood pressure is the force of your blood pushing against the walls of your arteries. Your blood pressure is at its highest when you heart beats, pumping blood. That is the top number of your blood pressure reading. It is called your systolic (top) blood pressure.

When your heart is at rest, between beats, your blood pressure falls. This is the bottom number of your blood pressure reading. It is called your diastolic (bottom) blood pressure.

Healthy Range: Systolic number is 120 or below and diastolic number is 80 or below

My Blood Pressure is: ☐ 120/80 or below ☐ 120/80 ☐ 120/80 ☐ 120/80

1st Blood Pressure Taken: ☐ 120/80 or below ☐ 120/80 ☐ 120/80 ☐ 120/80

2nd Blood Pressure Taken: ☐ 120/80 or below ☐ 120/80 ☐ 120/80 ☐ 120/80

High blood pressure usually has no symptoms. If your reading is in the high range, there is a chance that you may develop high blood pressure. Here is what to do:

Now cholesterol and diabetes screening results may not be ready today.

Talk to your provider about when your results will be ready and how to understand these results.

Total Cholesterol: ☐ 200 or below ☐ 200-239 ☐ 240 or higher

My Total Cholesterol is: ☐ 200 or below ☐ 200-239 ☐ 240 or higher

Healthy Range: Below 200

HDL Cholesterol: ☐ 60 or higher ☐ 40-59 ☐ 30 or below

My HDL Cholesterol is: ☐ 60 or higher ☐ 40-59 ☐ 30 or below

Healthy Range: 60 or above

Diabetes: Type 2 diabetes begins when your body can't use insulin as it should. Keeping active and eating a healthy diet can help prevent diabetes and lower your risk for heart disease and stroke. Screening for diabetes is done with a fasting blood glucose test.

My Blood Glucose is: ☐ 100 or below ☐ 100-125 ☐ 126 or higher

Healthy Range: Below 100

Screening Results: Not Ready Today?

Talk with your provider about when to call or if you will receive results in the mail.

Date to Call:

Phone Number:

Yes, I will receive my results in the mail from my clinic.

Your Heart Health Screening Results and Information (continued)

Body Mass Index (BMI): BMI is the measure of your weight compared to your height. If your BMI is 25 or higher, you could be more at risk for heart disease.

My BMI is: ☐ 18.5 or below ☐ 18.5-24.9 ☐ 25-29.9 ☐ 30 or higher

Waist Circumference: The measurement around your natural waist, just above your navel.

My Waist Circumference is: ☐ 35 inches or more ☐ 35-39 inches ☐ 40-44 inches ☐ 45 inches or more

Conag situations for making time for yourself and your health!

Remember screening exams are a key to a healthy life. Other keys to living a healthy life include: following a healthy eating plan, being active regularly, being or maintaining a healthy weight, not smoking, and taking medications as prescribed by your health care provider to support.

What's Your Personal Action Plan to Help You Be Healthier?

Physical Activity: People who do not get much physical activity have an increased risk for heart disease. Regular activity has many benefits such as helping people quit smoking, lose weight, reduce stress, lower blood pressure and improve HDL cholesterol. Being active on most days of the week for 30 to 60 minutes helps your heart most.

My Physical Activity Plan:

Solve a lot of physical activity? I like best and talk to my provider about a plan that's best for me.

Ask family and friends for support.

To start, I will aim for: ☐ 10 minutes total walking or activity per day on 5-7 days a week ☐ 20 minutes total walking or activity per day on 5-7 days a week ☐ 30 minutes total walking or activity per day on 5-7 days a week

Healthy Diet Choices: All it's could be a little better than we do. Take a closer look at how many fruits and vegetables you are eating. How much fat is in the food you eat? Healthy eating habits you can change. Just getting started on healthy eating habits is a big step.

My Healthy Eating Plan:

Just make portions of food. Keep my portions smaller than my fist.

Learn how to read food labels to help me choose healthy foods.

Eat 3 or more whole-grain foods every day.

Eat at least 5-9 servings of fruits and vegetables a day. To start, I will aim for: ☐ 1-3 servings of fruits and vegetables a day ☐ 4-6 servings of fruits and vegetables a day ☐ 7-9 servings of fruits and vegetables a day

Tobacco Cessation: Giving up smoking may be scary. In fact, many people say it's like losing their best friend. But just one change, from being a smoker to being a non-smoker, can make a big difference in your future health. The good news is, it's never too late to quit.

My Tobacco Cessation Plan:

Call the National Quitline at 1-800-QUIT-NOW for free personalized assistance.

Find out about local support groups or programs that help people quit smoking.

Find other things that give me pleasure that can take the place of smoking.

Choose a special day to quit smoking.

Get a quit date and stick to it. Don't.

After you discuss your screening results and personal action plan with your provider, take this page with you. Take action for a heart healthier life and remember small changes can make a big difference!

Provider and Client completes together

Mammography Reporting Form

- 8 1/2 x 12 1/2 (3 part carbonless with an envelope attached at the bottom)
- Purpose: Used for ordering a screening mammogram, diagnostic mammogram or breast ultrasound. Clinic gives form to client to take to approved mammography/ultrasound facility.

Every Woman Matters Mammography Reporting Form

Client First Name _____ Last Name _____ Age _____
 Date of Birth _____
 Address _____
 City _____ State _____ Zip _____
 Phone _____
 Fax _____
 E-mail _____
 Mammography/Provider's Name _____
 Date of Service _____

Mammography Findings

☐ **Negative (NEG)**
 The breasts are symmetrically developed, glandular and fatty distribution is homogeneous, no masses or calcifications are present.

☐ **Benign Findings (BF)**
 No masses or calcifications are present, no masses or calcifications are present, no masses or calcifications are present.

☐ **Possibly Benign (PB) - Short Interval Follow Up Suggested**
 In finding in this category, there is a high probability of being benign. It is not considered a change until the follow-up ultrasound and the radiologist does not return. Recommended in writing.

☐ **Suspicious Abnormality (SA)**
 There is a finding in this category, there is a high probability of being benign. It is not considered a change until the follow-up ultrasound and the radiologist does not return. Recommended in writing.

☐ **Highly Suspicious of Malignancy (HSM)**
 There is a finding in this category, there is a high probability of being malignant. It is not considered a change until the follow-up ultrasound and the radiologist does not return. Recommended in writing.

☐ **Assessment is Incomplete (AI)**
 Additional evaluation is needed. (This applies only if additional diagnostic studies are needed.)

Recommendations of Radiologist

Diagnostic Mammography Views: _____
 Ultrasound: _____
 Fine Needle Aspiration: _____
 Biopsy: _____
 Repeat Mammogram in: _____ Months

Unassisted Evaluation of Breast Mass

Date: _____
 Cystic mass: _____
 Solid mass: _____
 Negative US: _____
 Inconclusive: _____

Out Patient Admissions / Patient Registration

Client Name: _____
 Date of Birth: _____

Client:

1. Have seen the mammography unit participating in Every Woman Matters.
2. Tell the hospital or clinic you have this form when you get a test for your visit.
3. Give the bottom of this form to the person that checks you in.
4. Give the top of this form to the person that does your mammogram.
5. Pay nothing at your visit.

Register:

1. Tear off the bottom of this form to make billing and identity sheet as an Every Woman Matters sheet.
2. Give the rest of the bottom of the form to take to the mammography unit.
3. Do not take this form unless your facility is participating in the Every Woman Matters program.

Provider completes
gray shaded area

Report of Women Deemed Lost to Follow Up

- 8 1/2 x 11
- Purpose: Used when a clinic has tried to contact a client three times for follow up and has had no response.

Report of Women Deemed Lost to Follow Up		<i>Every Woman Matters</i> <small>NEBRASKA DEPARTMENT OF HUMAN SERVICES</small> <small>Version: August 2008</small>	
<p>Call us if you have questions. (800) 532-2227</p>	<p>Reasonable accommodations made for persons with disabilities. TDD (800) 833-7352</p>		
<p><input type="radio"/> Client only lost to follow up if you cannot locate her. If you know where she is the client is not lost.</p> <p>Date: ____/____/____ (Date provider deemed client was lost to follow up) Date: ____/____/____ (Date form completed)</p> <p>Provider Name, Clinic Name and City: _____ <small>Please do not abbreviate</small></p> <p>Client's Name: _____ <small>If client changed names, please list both names</small></p> <p>Client's Social Security #: _____ Client's Date of Birth: ____/____/____</p> <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <p>The client is considered lost to follow up when:</p> <ol style="list-style-type: none"> 1. Contacted by phone and the phone is disconnected. 2. Current resident of her last known address states that they do not know of such a person or the client no longer lives at the last known address. 3. A letter is sent to the client and it returns with "client moved no forwarding address given" or "forwarding has expired." </div>			
Contact Date	Type of Contact	Results	Leads
<p><input type="radio"/> You must make at least three (3) attempts to locate the client before deeming her lost to follow up. Documentation must include the dates and types of contacts, as well as the results of the contact. Once a provider has exhausted all conventional means to contact a client to return for follow up, the client can be deemed lost to follow up. Failure to show up for a scheduled appointment does not constitute lost to follow up.</p>			
1.	_____	_____	_____
2.	_____	_____	_____
3.	_____	_____	_____
<p>Funds for this project were provided through the Centers for Disease Control and Prevention Breast and Cervical Early Detection Program, Well Integrated Screening and Evaluation for Women Across the Nation, and Colorectal Cancer Screening Demonstration Program Cooperative Agreements with the Nebraska Department of Health and Human Services System. #0718DP000911, #0718DP001401 and #0718DP723947</p>			

SAMPLE ONLY

Client Informed Refusal

- 8 1/2 x 11 (black 4 part carbonless)
- Purpose: If a client refuses services, she must sign this form, indicating that she understands the risks of refusing.

Client completes Section 1

Every Woman Matters

Client Informed Refusal

Version: August 2008

Directions for form:
1. Client must fill out Section 1.
2. Providers must fill out Section 2 or 3, and all gray shaded areas.

Nebraska Department of Health and Human Services - Office of Women's and Men's Health
301 Centennial Mall South, P.O. Box 94817
Lincoln, NE 68509-4817
Phone: 1-800-532-3227 Fax: (402) 471-0913

Section 1:

Date: ____/____/____

I, _____ (please print your name) have been informed by my healthcare provider, that I should have this test/treatment below. This test/treatment is: _____

(Please print in your own words, the name of the test/treatment and why it is being done)

If I do not get this test/treatment I know these things may happen to me: _____

(Please print in your own words what can happen if the test/treatment is not done)

I have had the need for this test/treatment explained to me.
 I know that not having this test/treatment at this time, is against my healthcare provider's advice and may be harmful to my health. My abnormality may be a sign of a potential serious medical condition, including cancer.
 I know what this test/treatment is for. I know why I need it. I know how it is done.
 I know that signing this form does not stop me from having this evaluation/procedure/treatment done later.
 I know how to get money to help me pay for the test/treatment.
 I know that I am still a part of Every Woman Matters (EWM) if I am a female over 40 years of age.
 I know that I can ressign later to EWM if I am a female and under 40 years of age.
 I know that I can ressign to the Nebraska Colon Cancer Screening Program (NCCP), if I am a male or female 50 years of age or older.
 I have read all the information above and know what it means. I am choosing to refuse the above test/treatment at this time.

Client Signature: _____ Date: ____/____/____

Section 2:

Submitted by: ☐ Clinic ☐ Outreach Worker ☐ Case Manager ☐ EWM/NCP Central Office

Date: ____/____/____

Facility/Clinic/Agency Information - clinician name, clinic name, city name (do not abbreviate)

Portion below to be completed ONLY if client unable to write or has language barrier.

If client unable to write information herself, the client will dictate the information and the form should be witnessed by two individuals.

Dictated by: _____ Date: ____/____/____
(Please Print Client Name)

Written by: _____ Date: ____/____/____
(Person taking the dictation)

Witnessed by:
1. _____ Date: ____/____/____
2. _____ Date: ____/____/____

Interpreted by: _____ Date: ____/____/____
(If Interpreter Needed)

Complete reverse side only if unable to obtain a signed Client Informed Refusal

**All the shaded area must be complete.*

Client Name: _____ SSN: _____
DOB: _____
Name of Procedure/Treatment: _____

Provider completes Section 2

Every Woman Matters

Service Provider Documentation

Version: August 2008

Directions for form:
1. Client must fill out Section 1.
2. Providers must fill out Section 2 or 3, and all gray shaded areas.

Section 3:

Provider has insured that the client has enough information to make an informed decision.

Client Informed Refusal given to client: ☐ Yes ☐ No on Date: ____/____/____

Client Informed Refusal given to client by: ☐ Personal Contact / In the Office
☐ Phone Contact
☐ Postal Contact

☐ Client returned Client Informed Refusal incomplete.
☐ Client failed to return a signed Client Informed Refusal.

Date: ____/____/____

Facility/Clinic/Agency Information - clinician name, clinic name, city name (do not abbreviate)

Attempts were made to give information to the client regarding:
☐ Diagnostic Services ☐ Diagnosis
☐ Treatment Services ☐ Treatment

Provider is unsure if the client has or is able to make an informed decision due to one or more of the following reason(s):
☐ No verbal communication with client ☐ Low literacy level
☐ Language / Translation issues ☐ Mental / Emotional disability
☐ Visual / Hearing impairment

Date: ____/____/____

Facility/Clinic/Agency Information - clinician name, clinic name, city name (do not abbreviate)

Name of Person completing this form: _____

Date: ____/____/____

Facility/Clinic/Agency Information - clinician name, clinic name, city name (do not abbreviate)

Nebraska Department of Health and Human Services - Office of Women's and Men's Health
 Every Woman Matters - 301 Centennial Mall South, P.O. Box 94817 - Lincoln, NE 68509-4817
 1-800-532-3227 - Fax: (402) 471-0913
 E-mail: every.woman.matters@dhs.ne.gov - Website: www.dhs.ne.gov/womenshealth

Funds for this project were provided through the Centers for Disease Control and Prevention Breast and Cervical Early Detection Program, Title Integrated Screening and Evaluation for Women Across the Nation, and Colorectal Cancer Screening Demonstration Program. Cooperative Agreement with the Nebraska Department of Health and Human Services System. #U58ED090811, #U58ED090812 and #U58ED090813

**All the shaded area must be complete.*

Client Name: _____ SSN: _____
DOB: _____
Name of Procedure/Treatment: _____

Provider completes Section 3

SAMPLE ONLY

Treatment Funds Request Form


- 8 1/2 x 11
- Purpose: Completed once a client has been diagnosed with cancer or precancer of the breast or cervix. In order for the client to access Medicaid or other treatment resources this form needs to be completed.

Treatment Funds Request Form				Every Woman Matters	
<p>In order for your client to access Medicaid or other treatment resources this form must be complete.</p> <p>The following documents are required to request financial assistance:</p> <ul style="list-style-type: none"> ① Treatment Funds Request Form ② Breast/Cervical Diagnostic Enrollment, Follow Up and Treatment Plan ③ Pathology Report <p>For more information see Page 3-1 of the EWM Program Provider Contract Manual.</p> <p>Top two copies go to EWM. Provider may keep the bottom copy.</p>					
<p>Treatment Funds Request Form completed by provider on: _____ Date: ____/____/____</p> <p>Breast/Cervical Diagnostic Enrollment, Follow Up and Treatment Plan completed by provider on: _____ Date: ____/____/____</p> <p>Pathology Report sent on: _____ Date: ____/____/____</p>				<p>EWM Use Only</p> <p><input type="checkbox"/> Yes/received</p> <p><input type="checkbox"/> Yes/received</p> <p><input type="checkbox"/> Yes/received</p>	
Client Information					
First Name	Initial	Last Name	Maiden Name		
Birthdate	Social Security #	Home/Cell Phone (circle one)	Work Phone		
Address		City	County	State	Zip
In what state was the client born:		Primary Language?			
		<input type="checkbox"/> English <input type="checkbox"/> Spanish <input type="checkbox"/> Vietnamese <input type="checkbox"/> Other			
<p>Is the client a U.S. Citizen? <input type="checkbox"/> Yes <input type="checkbox"/> No <small>(Please attach a copy of the client's INS papers, if available)</small></p> <p>If no, what is the client's immigration status?</p>					
<p>Eligibility:</p> <p>Medicare: <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>Medicaid: <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>Private Insurance: <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>If yes, list name of insurance company: _____</p>		<p>Diagnostic Test:</p> <p>Diagnostic Test Date: ____/____/____</p> <p>Result: <input type="checkbox"/> CIN I <input type="checkbox"/> CIN II</p> <p> <input type="checkbox"/> CIN III <input type="checkbox"/> Cancer in situ (breast or cervical)</p> <p> <input type="checkbox"/> Invasive cancer (breast or cervical)</p> <p>Treatment:</p> <p>Scheduled Date: ____/____/____ <small>(CANNOT SUBMIT WITHOUT CLIENT ID AND PATHOLOGY REPORT)</small></p> <p>Performed Date: ____/____/____</p>			
<p>Nebraska Medicaid notifies: all clients of acceptance to Medicaid Treatment Funds within three days of receipt of application, along with a copy of Client Rights and Responsibilities.</p>					
SURGEON/CLINIC:		Phone: (____) _____		Fax: (____) _____	
Contact Person: _____		_____		_____	
HOSPITAL:		Phone: (____) _____		Fax: (____) _____	
Contact Person: _____		_____		_____	
PATHOLOGY:		Phone: (____) _____		Fax: (____) _____	
Contact Person: _____		_____		_____	
ANESTHESIOLOGY:		Phone: (____) _____		Fax: (____) _____	
Contact Person: _____		_____		_____	
Referred By/Clinic:		Phone: (____) _____		Fax: (____) _____	
Contact Person: _____		_____		_____	
<p>Attach claim(s) to this form and submit to EWM Staff at the Central Office in Lincoln for clients NOT eligible for Medicaid. Providers have 60 days to submit claims for processing to the EWM Foundation. Treatment funds, if available, are administered through the EWM Foundation.</p> <p>See reverse of this form for Points of Importance</p>					

SAMPLE ONLY

Claim Status Form

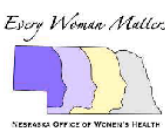
- 8 1/2 x 11
- Purpose: Completed by clinic and faxed to EWM Central Office to inquire about claim status.

CLAIM STATUS FORM					<i>Every Woman Matters</i>  <small>NEBRASKA OFFICE OF WOMEN'S HEALTH</small>	
State of Nebraska, Department of Health and Human Services Office of Women's Health Every Woman Matters Program 301 Centennial Mall South PO Box 94817 Lincoln, NE 68509-4817 PHONE: 1-800-532-2227 or 402-471-0929 FAX: 402-471-0913						
<i>This transmission may include protected health information, under the standards established per the Health Insurance Portability and Accountability Act of 1996, and Neb. Rev. Stat., §68-313. If this information has been received in error, the recipient is directed to return to sender or destroy the information and notify this office of the error immediately. Failure to do so may lead to civil or criminal penalties.</i>						
The document will be reviewed and returned within 2 working days.						
PROVIDER NAME: Name of Contact Person: Telephone Number: Fax Number:						
PROVIDERS MUST COMPLETE FIRST 5 COLUMNS ...USE A SEPARATE LINE FOR EACH CPT CODE						
(1) Patient Name	(2) DOB	(3) DOS	(4) CPT	(5) Billing Amount	(EWM to complete this Section) COMMENTS	
<ul style="list-style-type: none"> • PLEASE REVIEW your most recent Billing Authorization Report before sending Claim Status Requests. • EWM staff will not review claims that are less than 60 days from date of service. • PLEASE allow 45 days filing date to claim; can process through 1 billing cycle before requesting review. • If a PAID date is noted in the comment column, this is the date Authorized by EWM staff. Please allow 2 weeks for payment to issue. 						
To be completed by EWM Staff: Date Received: Date Completed: By:						

Claim Status Form Version 09-2008

Payment Status Form

- 8 1/2 x 11
- Purpose: Completed by clinic and faxed to EWM Central Office to inquire about payment status.

PAYMENT STATUS FORM			
State of Nebraska, Department of Health and Human Services Office of Women's Health Every Woman Matters Program 301 Centennial Mall South PO Box 94817 Lincoln, NE 68509-4817 PHONE: 1-800-632-2227 or 402-471-0929 FAX: 402-471-0913			
			
<i>This transmission may include protected health information, under the standards established per the Health Insurance Portability and Accountability Act of 1996, and Neb. Rev. Stat., §68-313. If this information has been received in error, the recipient is directed to return to sender or destroy the information and notify this office of the error immediately. Failure to do so may lead to civil or criminal penalties.</i>			
The document will be reviewed and returned within 2 working days.			
PROVIDER NAME:			
Name of Contact Person:			
Telephone Number:			
Fax Number:			
COMPLETE THIS SECTION IF YOU HAVE A CHECK AND NEED BACK-UP FOR THAT CHECK THE DOCUMENT(S) WILL BE FAXED TO YOU			
PAYEE	CHECK NUMBER	INVOICE NUMBER (FOUND ON CHECK STUB)	Check Amount
COMPLETE THIS SECTION IF YOU HAVE BACK-UP BUT HAVE NOT RECEIVED THE CHECK OR CANNOT IDENTIFY AN ELECTRONIC FUNDS TRANSFER FOR THE BACK-UP			
PAYEE	INVOICE NUMBER (FOUND ON UPPER RIGHT-HAND CORNER OF DOCUMENT)	DOCUMENT NUMBER	COMMENTS (EWM to complete this section)
To be completed by EWM Staff:			
Date Received:		Date Completed:	By:
Payment Status Form 07-2007			

SAMPLE ONLY